



Geelong Fibre Forum

Where imagination comes alive

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Alice Cliff - Creative Pattern Cutting Dress Workshop

Student Material List

- Sewing machine
- Mannequin, for women preferably their size so they make a dress pattern for themselves, for men learning women's wear a standard size 10 is perfect to work with. An adjustable mannequin is ok to bring. If you want to cover it with a jersey cover that would be best.
- Scissors, mechanical pencils, pens, rulers, measuring tape, pins, chalk, threads, hand sewing needles, spare bobbins and machine needles.
- Calico 4m of at least 120cm wide.
- Fabric for two dress designs of your choice, they must be woven fabrics, and threads. Allow for at least 2 metres per design. Students are encouraged to bring a range to choose from and use more than one colour for each design.
- A small amount of fusible interfacing for facings etc.

Student materials fee

Material	Amount needed	\$ Per unit	Total price		Provider
Pattern paper	-	-	8		M. Recht
Fabric marker pen	1	3.50	3.50		Officeworks
Block Pattern Ao	1	4.35	4.35		Print at Officeworks
Booklet of Information	1	1	1		Print at Officeworks
		TOTAL PER STUDENT	\$ 16.85		

Day 1

- Trace off the dress block that is closest to the size of your mannequin (that is close to your size) and adjust the pattern to fit using the measurements of the mannequin • Cut and sew the block in calico and check the fit on the mannequin.
- Perfect the fit and alter the pattern accordingly.
- Learn the important points on the pattern and design with these in mind.
- Sketch your ideas for the next day.

Day 2-3 – Design 1: Dress with volume sleeve element and interesting design lines

- Working directly on the mannequin, learn to create volume in the sleeve with cut and spread, pleats and gathers to form interesting silhouettes and create movement.
- Add seam lines to your new volume to create an interesting and pleasing design.
- When the design has been completed its time to take it off the stand and create a pattern.
- Learn to create a fully functioning pattern, check the flow through and label with grainline and cut instructions.
- Cut out the dress in your fabric and pin/sew together
- Check the fit and make any adjustments to the pattern for a better design or fit.

Day 4-5 – Design 2: Sleeveless dress with skirt volume element of gathers or pleats.

- Cut and sew the original dress block in calico, without the sleeves this time.
- With this dress the designing will take place on the stand, feeling your way to a pleasing design, adjusting lines, volume and elements as you go.
- Place on the stand and start to add style lines and find creative ways to introduce volume.
- Add volume in calico directly on the skirt and continue to add style lines, lengthen or shorten and find a pleasing design.
- Divide your dress into pattern pieces and trace them onto paper to create a complete pattern with facings, grain, seam allowance and all labelling.
- Cut out the dress in your fabric and pin/sew together.
- Check the fit and make any adjustments to the pattern for a better design or fit.

If you have any questions, please feel free to contact Alice
email: info@paperclothcut.com

Student Material fee \$16.85 to paid to the tutor on the first day.